

# Aortic Root Replacement (Bentall Cardiac Procedure)

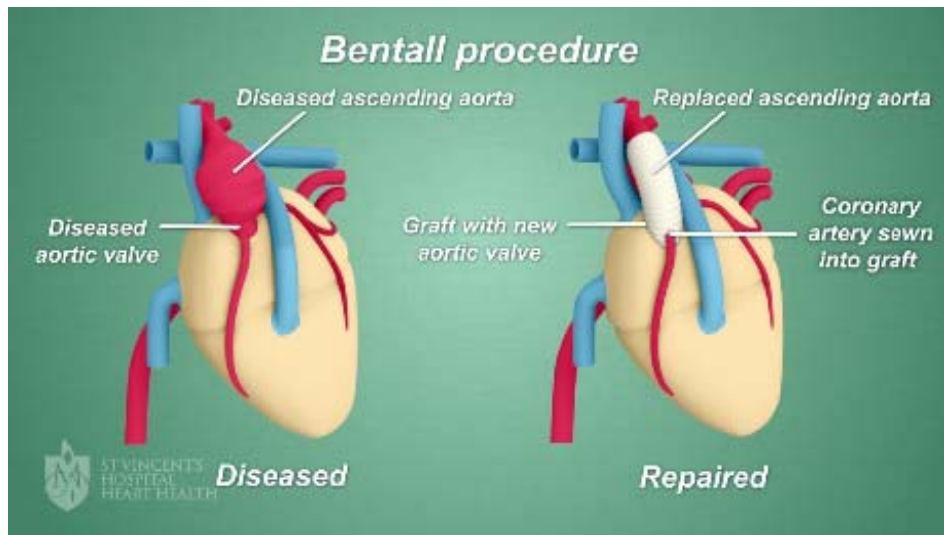
## Patient and Caregiver Information

### Aortic Root Replacement (Bentall Procedure)

Your doctor has advised you that you need a surgery called an Aortic Root Replacement, also known as a Bentall Procedure. This guide will help communicate what will happen before, during and after your surgery. It was written to inform you about your surgery and answer the most frequently asked questions.

#### **What is an Aortic Root Replacement or Bentall Procedure ?**

An Aortic Root Replacement is surgery on your heart to correct an abnormality with your aorta. It involves replacing the aortic valve and replacing the aortic root and ascending aorta with a composite graft. The coronary arteries are reimplanted into the graft.



### Preparation:

You will receive a phone call reminding you of your surgery. Be sure to ask any questions you may have when our staff calls.

#### **What do I need to do before my surgery?**

- You will need to fast (no food or drink) for this surgery, follow the pre surgical instruction sheet you were given by the office.
- Refer to the pre-surgical instruction sheet for arrival time and surgery time.
- Shower, the night before and the morning of your surgery, with the provided special soap and following the instructions provided.
- Make sure you have clean sheets, towels and clothing at home for after surgery.
- Arrange for a responsible adult to help with your care once you go home after surgery.
- Pack a bag with shoes or slippers and a clean robe for when you walk in the halls after surgery.

## Medications

- It is very important to follow the pre-surgical instructions provided by your physician.
- Please prepare a current list of your medications, including over the counter medicine, to bring with you on the day of your surgery.

## Day of Surgery

### What do I do the day of my surgery?

- Do not apply lotion, makeup, deodorant or hair products on this day.
- Leave valuable and jewelry at home.
- When you arrive, simply check in at the first floor front desk.

## During the Surgery

### Will I have anesthesia?

During the surgery, you will be given medications in your IV that will allow you to sleep. This is general anesthesia. An Anesthesiologist will monitor you closely during the surgery.

## After the Surgery

### What should I expect after my surgery?

Once the surgery is complete, you will go to an ICU room for recovery. A nurse will oversee your recovery.

You will stay approximately 4 to 6 days in the hospital. This will depend on your health and your response to surgery.

Before you are discharged, we will provide you written instructions, and teach you when to remove the dressing, if you have one, and how to care for the incision.

You may go home with home health if your physician feels this is indicated. Not all patients go to rehab or have home health. Your physician or a case manager will discuss this with you if you/they feel you need more recovery in a supervised environment.

Your nurse will provide you with written discharge instructions and answer all your questions before sending you home.

Date & Version #	Change Summary
12/18/17 Ver. 1	Original
2/16/18 Ver. 2	Typos & wording