



OKLAHOMA
HEART HOSPITAL

PROUDLY PHYSICIAN OWNED

Cardiac Device Pocket Revision

Patient and Caregiver Information

Pocket Revision

Your doctor has advised you that your pacemaker or ICD pocket needs revision. This guide will help communicate what will happen before, during and after your procedure. It was written to inform you about your procedure and answer the most frequently asked questions.

What is a Pocket Revision?

When the procedure is a revision (as this one is), the physician is draining a hematoma, removing scar tissue or an infection and/or enlarging the existing pocket for the pacemaker or ICD.

You are usually able to go home the same day of your procedure.

Preparation

You will receive a phone call reminding you of your procedure. Please feel free to ask our staff any questions you may have.

What do I do before my procedure?

- You will need to fast (nothing to eat or drink) for this procedure, follow the pre-procedure instruction sheet.
- Arrange for a responsible adult to drive you home after the procedure and stay with you for the next 24 hours.
- Refer to the pre-procedure instruction sheet for arrival time and procedure time.
- Shower, the night before and the morning of your procedure, with an antibacterial soap or special soap. Follow the instructions provided to you.

Medications

- It is very important to follow the pre-procedure medication instructions provided by your physician. We will remind you of these during a pre-procedure phone call.
- Please prepare a current list of your medications to bring with you on the day of your procedure.

Day of Procedure

What do I do the day of my procedure?

- Do not apply makeup, lotions, deodorant or hair products on this day.
- Leave valuables and jewelry at home.
- When you arrive, simply check in at our first floor front desk.
- After registration you will be taken to a room, and a nurse will get you ready for the procedure.

During the Procedure

Will I have anesthesia?

During the procedure you will be given medications in your IV that will make you sleepy or you will receive general anesthesia, medicine that allows you to sleep during surgery. Depending on which type of sedation you receive, either a physician or a registered nurse will monitor your body's vital functions closely.

What to expect after anesthesia?

Procedural sedation may cause poor balance, sleepiness and impaired judgment for up to 24 hours. Sedation may also cause you to have a headache or feel nauseated for several hours after the procedure. It is normal to not remember things that happen during or immediately after the time you received procedural sedation. Friend or family assistance is recommended at home for 24 hours.

After the Procedure

What should I expect after my procedure?

- Once the procedure is complete you will return to a room for recovery. A nurse will oversee your recovery.
- You are normally able to go home in 1-2 hours after your procedure.
- You will go home with a dressing over your incision. Before you are discharged, we will provide you written instructions and inform you when to remove the dressing and how to care for the incision.
- Your nurse will provide you with written discharge instructions and answer all your questions before sending you home.

If you experience:

- **Pain** - At home you may experience mild discomfort or bruising at the incision site. This is usually managed with over the counter pain relievers and/or ice packs.
- **Unexpected Bleeding** - Excessive bleeding or fluid that soaks through the dressing is not normal. Contact your physician's office.
- **Nausea & Vomiting** - Begin with sips of clear liquids in small amounts. Once you tolerate clear liquids, you should slowly add in other bland, low fat food choices, gradually increasing to your normal diet.
- **Signs of Infection** - Call your physician if you have a fever over 101 degrees, increased redness, swelling, or heat at the incision site.

Date & Version #	Change Summary
6/15/17 Ver. 2	Fixed typos
2/16/18 Ver. 3	Typos & wording