

GLP-1 Agonist/GIP/SGLT2i Hold Times for General Anesthesia

***** Failure to hold these medications could cause your procedure/surgery to be cancelled*****

Section 1: GLP-1A/GIP

Glucagon-Like Peptid-1 Receptor Agonist/Glucose-Dependent Insulinotropic Polypeptide

If you are taking one of these medications, a compounded form, or combination medication, please hold them as indicated on this list. These medications slow the emptying of your stomach, which can put you at risk for aspiration when fully sedated.

Generic Name	Brand Name	Frequency	Days to <u>HOLD</u> before Surgery
Liraglutide	Victoza	Daily	1
Liraglutide	Saxenda	Daily	1
Insulin Degludec/Liraglutide	Xultophy	Daily	1
Insulin Glargine/Lixisenatide	Soliqua	Daily	1
Semaglutide	Rybelsus	Daily	1
Semaglutide	Ozempic (pill)	Daily	1
Semaglutide	Wegovy (pill)	Daily	1
Orforglipron	Foundayo	Daily	1
Exenatide (IR)		Twice Daily	1
Semaglutide	Ozempic (injection)	Weekly	7
Semaglutide	Wegovy (injection)	Weekly	7
Dulaglutide	Trulicity	Weekly	7
Tirzepatide	Mounjaro	Weekly	7
Tirzepatide	Zepbound	Weekly	7

Section 2: SGLT2i

Sodium-Glucose Cotransporter 2 Inhibitors

Please stop any of the following medications 4 days prior to surgery to prevent potentially life-threatening postoperative ketoacidosis.

Generic Name	Brand Name	Days to <u>HOLD</u> before Surgery
Dapagliflozin	Farxiga, Xigduo XR	4
Dapagliflozin/Saxagliptin	Qtern	4
Empagliflozin	Jardiance, Synjardy, Synjardy XR, Trijardy XR	4
Empagliflozin/Linagliptin	Glyxambi	4
Ertugliflozin	Steglatro, Segluromet, Steglujan	4
Canagliflozin	Invokana, Invokamet, Invokamet XR	4
Bexagliflozin	Brenzavvy	4

Date & Version #	Change Summary
9/24/2026 Ver 3	Updated meds
10/21/2026 Ver 4	Updated meds again